

ECR Virtual Relay – Sunday 21st June 2020

Team: Stamford Striders

| Slot | Runner | Distance |
|------|-----------------|----------|
| 7AM | Philip Staley | 7.41 |
| 7AM | Anna Rugg | 5.84 |
| 7AM | Wayne Morris | 6.7 |
| 7AM | Bret Allibone | 6.06 |
| 7AM | Jen Richardson | 6.3 |
| 7AM | Sarah Sharp | 5.87 |
| 7AM | Helen Schofield | 5.8 |
| 7AM | Helen Gregory | 5.8 |
| 7AM | Stuart Bean | 6.91 |
| 8AM | Sarah Sharp | 6.45 |
| 8AM | Anna Rugg | 6.27 |
| 8AM | Wayne Morris | 6.7 |
| 8AM | Marcus Brown | 7.1 |
| 8AM | Jim Grant | 7.2 |
| 8AM | Cheryl Allibone | 6.31 |
| 8AM | Helen Schofield | 5.55 |
| 8AM | Helen Gregory | 5.5 |
| 8AM | Stuart Bean | 6.41 |
| 8AM | Suzanne Moon | 7.69 |
| 9AM | Kate Armes | 6.65 |
| 9AM | Clare Briggs | 6.55 |
| 9AM | Mandy Lawson | 6.45 |
| 9AM | Julia Thomas | 6.22 |
| 9AM | Barbara Narey | 5.01 |
| 9AM | Debra Stevens | 5 |
| 9AM | Viv Middlebrook | 7.54 |
| 9AM | Jenny Marples | 5 |
| 10AM | Annemarie Ash | 6.37 |
| 10AM | Jane Ash | 6.37 |
| 10AM | Nicki Eastwood | 7.48 |
| 10AM | Graham Edwards | 7.52 |
| 10AM | Sarah Wells | 5.51 |
| 10AM | Katie Arnold | 6.99 |
| 10AM | Andy Potter | 6.01 |
| 10AM | Gaynor Morris | 6.19 |
| 10AM | Sara Branch | 6.18 |
| 10AM | Ed Fancourt | 8.37 |

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|------|-------------------|-------|
| 11AM | Nick Harding | 6.96 |
| 11AM | Liz Harding | 6.78 |
| 11AM | Ian Sharp | 6.63 |
| 11AM | Claire Jaggard | 7.38 |
| 11AM | Hayley Frake | 4.51 |
| 11AM | Katrina Tomlinson | 4.51 |
| 11AM | Emma Regis | 4.51 |
| NOON | Mark Alderson | 8.5 |
| NOON | Anna Rugg | 6.77 |
| NOON | Sonia Kendal | 5.71 |
| NOON | Andy Kendal | 4.29 |
| NOON | Emma Gower | 6.2 |
| NOON | Craig Tilley | 6.94 |
| NOON | Ian Powell | 6.26 |
| NOON | Sian Powell | 4.59 |
| 1PM | Mark Popple | 10.07 |
| 1PM | Anna Rugg | 5.15 |
| 1PM | Steve Knight | 7.83 |
| 2PM | Sam Barrett | 8.53 |
| 2PM | Matt Wright | 7.55 |
| 2PM | Andy Dennis | 8.89 |
| 3PM | Fiona Martin | 7.72 |
| 3PM | Matt Wright | 7.5 |
| 4PM | Steve Glencross | 6.58 |
| 4PM | James McCloskey | 6.96 |
| 5PM | John Gilligan | 6.84 |
| 5PM | Calli Robertson | 6.69 |
| 6PM | Doreen Spikings | 6.63 |
| 6PM | Fran Carling | 7.77 |
| 6PM | Mark Johnstone | 5.36 |
| 6PM | Scott Mathie | 6.55 |